# 138th SESSION OF THE EXECUTIVE COMMITTEE

Washington, D.C., USA, 19-23 June 2006

# RESOLUTION

#### CE138.R1

# REGIONAL STRATEGY AND PLAN OF ACTION ON AN INTEGRATED APPROACH TO THE PREVENTION AND CONTROL OF CHRONIC DISEASES, INCLUDING DIET AND PHYSICAL ACTIVITY

### THE 138th SESSION OF THE EXECUTIVE COMMITTEE,

Having considered the report of the Director on a Regional Strategy and Plan of Action on an Integrated Approach to the Prevention and Control of Chronic Diseases, including Diet, Physical Activity, and Health (Document CE138/17),

#### **RESOLVES:**

To recommend to the 47th Directing Council the adoption of a resolution along the following lines:

# THE 47th DIRECTING COUNCIL,

Having considered the report of the Director on a Regional Strategy and Plan of Action on an Integrated Approach to the Prevention and Control of Chronic Diseases including Diet, Physical Activity, and Health (Document CD47/\_\_);

Noting Resolution CSP26.R15 (2002) on the public health response to chronic diseases, which recognizes the large economic and social burden of noncommunicable diseases and calls for increased and coordinated technical cooperation from the Pan American Health Organization;

Considering Resolution WHA57.17 Global Strategy on Diet, Physical Activity, and Health (2004), which emphasizes an integrated approach and intersectoral collaboration to improve diets and increase physical activity;

Cognizant that chronic diseases account for 70% of deaths in the Region of the Americas, and that more than half of premature mortality under the age of 70 years is attributed to chronic diseases;

Taking note that chronic diseases are largely preventable and the availability of scientific evidence and cost-effective interventions;

Noting the importance of focusing on the achievement of the Millennium Development Goals, while at the same time addressing the growing burden of chronic diseases which also affect vulnerable population; and

Recognizing the urgency of governments, the private sector, civil society, and the international community to renew their commitment towards the prevention and control of noncommunicable diseases,

#### **RESOLVES:**

- 1. To urge Member States to:
- (a) prioritize the integrated prevention and control of leading chronic diseases and their common risk factors, by establishing and/or strengthening national programs and ensuring resources commensurate to the burden of disease;
- (b) develop and implement national plans and promote the implementation of public policies guided by the Regional Strategy and Plan of Action;
- (c) implement the Plan of Action as appropriate, within an integrated health system approach, based on primary health care, emphasizing intersectoral action, monitoring and evaluating program effectiveness, and resource allocations.
- 2. To request the Director to:
- (a) strengthen the development of an integrated approach to the prevention and control of chronic diseases, including diet and physical activity, focusing on the needs of low-income countries and vulnerable populations;
- (b) support Member States in their efforts to strengthen their health information systems to monitor chronic diseases, their risk factors, and the impact of public health interventions;
- (c) support Member States in terms of strengthening the capacity and competencies within the health system for the integrated management of chronic diseases and their risk factors:

(d) develop new or strengthen existing partnerships within the international community for resource mobilization, advocacy, and collaborative research related to the implementation of the Regional Strategy and Plan of Action.

(Third meeting, 20 June 2006)